

## Curriculum Vitae

<b>Name</b>	<b>Marie Kivi</b>
<b>Phone</b>	+46(0) 31 – 786 42 82 marie.kivi@psy.gu.se
<b>Doctoral degree:</b>	2015; <b>Doctor of Philosophy in Psychology</b> (PhD, 2015-12-04); Thesis: <b>Internet-based Treatment of Depression in Primary Care: Effectiveness and Feasibility</b> ; University of Gothenburg, Dept of Psychology Main supervisor: professor Boo Johansson, Dept of Psychology, University of Gothenburg, Co-supervisor: professor Cecilia Björkelund, Dept of Public Health and Community Medicine/Primary Health Care, Sahlgrenska Academy, University of Gothenburg. Thesis available at: <a href="http://hdl.handle.net/2077/40675">http://hdl.handle.net/2077/40675</a>
<b>Courses included in Doctoral degree (90 hec)</b>  All courses at University of Gothenburg, if not otherwise stated	2014; <b>Implementation</b> – research and application in practice; 5.0 hec; Department of Health, Medicine and Caring Sciences (HMC), Linköping University 2014; <b>Scientific Communication</b> in practice; 5.0 hec; 2014; Scientific communication – manuscript, poster and oral presentation at a research level; 4.5 hec; Dept of Public Health and Clinical Medicine, Umeå University 2013; <b>Teaching and Learning in Higher Education 1: Basic Course (HPE101)</b> ; 5.0 hec 2013; <b>Project Management (MED993)</b> ; 7.5 hec; Sahlgrenska Academy, University of Gothenburg 2013; <b>History of Psychology of science</b> ; 7.5 hec 2012; <b>Literature reviews and meta-analysis</b> ; 3.0 hec 2012; <b>Methods of Assessment</b> [Utvärderingsmetodik] (PC2148); 15.0 hec 2012; <b>Analysis of variance</b> ; 3.0 hec 2012; <b>Regression Analysis</b> ; 4.5 hec 2012; <b>Nonparametric Statistics and Probability Theory</b> ; 4.5 hec 2012; <b>Factor Analysis</b> ; 4.0 hec 2012; <b>The Research Process</b> – from Problem to Report; 5.5 hec 2011; <b>Measurement and Test Theory</b> ; 3.5 hec 2011; <b>Collection and Analysis of Verbal Data</b> ; 5.0 hec 2008; <b>Health Psychology in Primary Care Settings (PC2233)</b> ; 7.5 hec
<b>Degrees and licenses:</b>	2006; <b>Licensed Clinical Psychologist</b> [Leg. Psykolog]. (2006-03-15) 2005; <b>Psychologist degree</b> [Psykologexamen] (MSc, 2005-01-20)
<b>University level education, other than above:</b>  All courses at University of Gothenburg, if not otherwise stated	<b>+ Pedagogical Development and Interactive Learning (15,0 hec)</b> 2019; <b>Supervision in Postgraduate Programmes (HPE201)</b> ; 5.0 hec 2017; <b>Teaching and Learning in Higher Education 3 - Applied Analysis (HPE103)</b> ; 5.0 hec 2016; <b>Teaching and Learning in Higher Education 2 - Subject Field Pedagogy (HPE102)</b> ; 5.0 hec  <b>+ Psychology (307,5 hec)</b> 2016; <b>Aging</b> : from multidisciplinary to integrative perspectives on aging and capability; 7,5 hec 1999-2005; <b>Psychologist program</b> ; 300 hec  <b>+ Computer Science, Economics &amp; Management (120 hec)</b> 1989; <b>Project cost estimate and project management</b> [Projektkalkylering med projektstyrning]; 7.5 hec

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<p>1989; <b>Information Analysis and Information Models</b> [Informationsanalys och Informationsmodeller], 7.5 hec</p> <p>1989; <b>Simulation techniques</b> [Simuleringsteknik]; 7.5 hec</p> <p>1989; <b>Administrative development</b> [Administrativ utveckling]; 7.5 hec</p> <p>1989; <b>Realization of database systems</b> [Realisering av databassystem]; 15.0 hec</p> <p>1989; <b>Statistical inference</b> [Statistisk inferens]; 7.5 hec</p> <p>1988; <b>Business analysis and models</b> [Verksamhetsanalys och –modeller]; 7.5 hec</p> <p>1988; <b>Management</b>; 7.5 hec</p> <p>1988; <b>Probability and Operational Analysis</b> [Sannolikhetslära och operationsanalys]; 7.5 hec</p> <p>1988; <b>Exploratory data analysis</b> [Explorativ dataanalys]; 7.5 hec</p> <p>1988; <b>Accounting and budgeting</b> [Redovisning och budgetering]; 7.5 hec</p> <p>1987; <b>Introduction to logic</b> [Introduktion till logik]; 7.5 hec</p> <p>1987; <b>Data processing and programming</b> [Databehandling och programmering]; 7.5 hec</p> <p>1987; <b>Introduction to info systems</b> [Introduktion till infosystem]; 7.5 hec</p> <p>1987; <b>Mathematics</b> for computer scientists [Matematik för systemvetare]; 7.5 hec</p>	
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<b>Other Courses:</b>	2012-2014; <b>Swedish National Research School in General Practice</b>
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<b>Current position:</b>	<b>Project Leader &amp; Researcher</b> ; Research project HEARTS (HEalth, Aging and Retirement Transitions in Sweden – Hearts Study); University of Gothenburg, Dept of Psychology; 2018-06-01 --, 75% (2018-09-01 – 2019-06-01, 50%); research only.
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<b>Prior positions as psychologist, researcher and/or manager:</b>	<p><b>Project Manager/Deputy Secretary General</b>, 9<sup>th</sup> International Association of Gerontology and Geriatrics – European Region Congress 2019, May 23<sup>rd</sup>-26<sup>th</sup>, Gothenburg, Sweden; Hosted by AgeCap, University of Gothenburg; 2018-09-01 – 2019-06-01, 50%.</p> <p><b>Project Coordinator/Researcher</b>; Research project HEARTS (HEalth, Aging and Retirement Transitions in Sweden – Hearts Study); University of Gothenburg, Dept of Psychology; 2016-04-01 – 2016-06-30, 30%; 2016-06-30 -2018-05-31, 75%.</p> <p><b>Acting Psychologist-in-charge</b> - Educational Clinic/CBT, Dept of Psychology, University of Gothenburg; Management, administration &amp; supervision. 2015-08-11 – 2016-06-30, 40%.</p> <p><b>Project Manager</b>; introducing and supervising the use of Internet-CBT at Primary Care Centers in Västra Götaland in the PRIM-UP project; Primärvården Västra Götaland; 2015-02-16 – 2016-06-30; 10%.</p> <p><b>PhD-candidate</b>; University of Gothenburg, Dept of Psychology; 2015-02-16 – 2015-12-31.</p> <p><b>Study coordinator</b>; Study development &amp; set-up, supervising &amp; managing research project PRIM-NET (PRIMary care internet project, implementing and evaluating Internet-CBT vs Treatment as usual at 18 Primary Care Centers in Västra Götaland); Primärvården Västra Götaland; 2009-09-01 – 2011-02-28, 20-50%, 2011-03-01 – 2015-02-15, 80-100%.</p> <p><b>Clinical Psychologist</b>; Västra Götalandsregion, Åby Primary Care Center, Mölndal; Primary care psychologist: Assessments, Psychological treatments (short term/CBT); 2007-10-23 – 2016-05-31 (2011-02-28 – 2016-05-31, leave of absence).</p> <p><b>Clinical Psychologist</b>; Praktisk Psykologi i Väst AB; Psychological treatments (CBT), Assessments for Insurance medicine-purposes; 2006-04-01 – 2007-08-31, 100%; 2007-09-01 – 2007-10-22, 80%.</p>
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**Graduated psychologist** (PTP-appointment); Västra Götalandsregion, Skaraborgs sjukhus, Psychiatric outpatient clinic, Hjo; Psychological treatments (CBT); 2005-03-15 – 2006-03-31, 100%.

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**Teaching, summarized:**

**Acting Psychologist in charge; two semesters, Educational clinic, Dept of Psychology**

**University level; 294 hours Lecturing and Course leadership, Advanced level**

*Including:*

2018; Gerontology - from multidisciplinary to integrative perspectives on aging, Co-chair of course 45h, Dept of Psychology, University of Gothenburg.

2017-2018; Clinical supervisor course, In charge of supervision module and supervisors, 46h, Dept of Psychology, University of Gothenburg.

**Health Care; 36 hours** (no preparation time included)

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**Supervision, summarized:**

**University level; 244 hours, Advanced level** (i.e., 8 theses for Psychologist, Specialist Psychologist or Psychotherapist degree).

**Health Care; 161 hours** Supervision and Research Management (no preparation time included)

In addition to this also acting as **co-supervisor of PhD-candidate**, 2018-2024

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**Language skills:**

**Swedish – native tongue**

**English – fluent**

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## Scientific Portfolio

### CURRENT SCIENTIFIC ACTIVITY

**Project Leader & Researcher;** Research project HEARTS (HEalth, Aging and Retirement Transitions in Sweden – Hearts Study); University of Gothenburg, Dept of Psychology;

### SCIENTIFIC PUBLICATIONS

List of original works:  
(\* = included in doctoral thesis)

- Furukawa, T.A., Sukanuma, A., Ostinelli, E. G., Andersson, G., Beevers, C.G., Shumake, J., Berger, T., Boele, F. W., Buntrock, C., Carlbring, P., Choi, I., Christensen, H., Mackinnon, A., Dahne, J., Huibers, M.J.H., Ebert, D.D., Farrer, L., Forand, N.R., Strunk, D.R., Ezawa, I.D., Forsell, E., Kaldø, V., Geraedts, A., Gilbody, S., Littlewood, E., Brabyn, S., Hadjistavropoulos, H.D., Schneider, L.H., Johansson, R., Kenter, R., **Kivi, M.**, Björkelund, C., Kleiboer, A., Riper, H., Klein, J.P., Schröder, J., Meyer, B., Moritz, S., Bücker, L., Lintvedt, O., Johansson, P., Lundgren, J., Milgrom, J., Gemmill, A.W., Mohr, D.C., Montero-Marin, J., Garcia-Campayo, J., Nobis, S., Zarski, A-C., O'Moore, K., Williams, A.D., Newby, J.M., Perini, S., Phillips, R., Schneider, J., Pots, W., Pugh, N.E., Richards, D., Rosso, I.M., Rauch, S.L., Sheeber, L.B., Smith, J. Spek, V., Pop, V.J., Ünlü, B., van Bastelaar, K.M.P., van Luenen, S., Garnefski, N., Kraaij, V., Vernmark, K., Warmerdam, L., van Straten, A., Zagorscak, P., Knaevelsrud, C., Heinrich, M., Miguel, C., Cipriani, A., Efthimiou, O., Karyotaki, E., & Cuijpers, P. (2021). Dismantling, optimising, and personalising internet cognitive behavioural therapy for depression: a systematic review and component network meta-analysis using individual participant data. *Lancet Psychiatry*. doi: 10.1016/S2215-0366(21)00077-8.
- Karyotaki, E., Efthimiou, O., Miguel, C., Maas genannt Bermanpohl, F., Furukawa, T.A., Cuijpers, P., & **the Individual Patient Data Meta-Analyses for Depression (IPDMA-DE) Collaboration**. (2021). Internet-Based Cognitive Behavioral Therapy for Depression : A Systematic Review and Individual Patient Data Network Meta-analysis. *JAMA Psychiatry*. doi:10.1001/jamapsychiatry.2020.4364.
- Weineland, S., Ribbegårdh, R., **Kivi, M.**, Bygdell, A., Larsson, A., Vernmark, K., & Lilja, J. (2020). Transitioning from face-to-face treatment to iCBT for youths in primary care – therapists' attitudes and experiences. *Internet Interventions*. doi: 10.1016/j.invent.2020.100356.
- Kivi, M.**, Hansson, I., & Bjälkebring, P. (2020). Up and about: Older adults' wellbeing during the COVID-19 pandemic in a Swedish longitudinal study. *Journal of Gerontology: series b, Psychological Sciences*. doi: 10.1093/geronb/gbaa084.
- Kelfve, S., **Kivi, M.**, Johansson, B., & Lindwall, M. (2020). Going web or staying paper? The use of web-surveys among older people. *BMC Medical Research Methodology*, doi: 10.21203/rs.3.rs-21136/v1.

- Stenling, A., Henning, G., Bjälkebring, P., Tafvelin, S., **Kivi, M.**, Johansson, B., Lindwall, M. (2020). Basic psychological need satisfaction across the retirement transition: Changes and longitudinal associations with depressive symptoms. *Motivation and Emotion*. doi: 10.1007/s11031-020-09854-2
- Hed, S., Berg, A.I., Hansson, I., **Kivi, M.**, Waern, M. (2020). Gender differences in resources related to depressive symptoms during the early years of retirement: A Swedish population-based study. *International Journal of Geriatric Psychiatry*, doi: 10.1002/gps.5367.
- Henning, G., Stenling, A., Bielak, A.A.M., Bjälkebring, P., Gow, A.J., **Kivi, M.**, Muniz-Terrera, G., Johansson, B., & Lindwall, M. (2020). Towards an active and happy retirement? Changes in leisure activity and mental health in the retirement transition. *Aging & Mental Health*. doi: 10.1080/13607863.2019.1709156.
- Hansson, I., Henning, G., Buratti, S., Lindwall, M., **Kivi, M.**, Johansson, B., & Berg, A. I. (2019). The role of personality in retirement adjustment: Longitudinal evidence for the effects on life satisfaction. *Journal of Personality*, doi: 10.1111/jopy.12516
- Henning, G., Stenling, A., Tafvelin, S., Hansson, I., **Kivi, M.**, Johansson, B., & Lindwall, M. (2019). Preretirement Work Motivation and Subsequent Retirement Adjustment: A Self-Determination Theory Perspective. *Work, Aging and Retirement*, 5 (2), 189-203, doi: 10.1093/workar/way017
- Ybrandt, H., Berglund, K., Strid, C., **Kivi, M.**, & Knutsson, J. (2019). Clinical outcomes in the routine evaluation of psychotherapy given by trainees: Effects on clients' inter-personal problems and psychological symptoms. 23 (1)
- Karyotaki, E., Daniel Ebert, D., Donkin, L., Riper, H., Twisk, J., Burger, S., Rozentel, A., Lange, A., Williams, A.D., Zarski, A.C., Geraedts, A., van Straten, A., Kleiboer, A., Meyer, B., Ünlü Ince, B.B. Buntrock, C., Lehr, D., Snoek, F.J., Andrews, G., Andersson, G., Choi, I., Ruwaard, J., Klein, J.P., Newby, J.M., Schröder, J., Laferton, J.A.C., Van Bastelaar, K., Imamura, K., Vernmark, K., Boß, L., Sheeber, L.B., **Kivi, M.**, Berking, M., Titov, N., Carlbring, P., Johansson, R., Kenter, R., Perini, S., Moritz, S., Nobis, S., Berger, T., Kaldø, V., Forsell, Y., Lindfors, N., Kraepelien, M., Björkelund, C., Kawakami, N., & Cuijpers, P. (2018). Do guided internet-based interventions result in clinically relevant changes for patients with depression? An individual participant data meta-analysis. *Clinical psychology review*, 63, 80-92. doi: 10.1016/j.cpr.2018.06.007
- Holst, A., Björkelund, B., Metsini, A., Madsen, J-H., Hange, D., Petersson, E-L.L., Eriksson, M.C.M., **Kivi, M.**, Andersson, P-Å.Å., Svensson, M., (2018) Cost-effectiveness analysis of internet-mediated cognitive behavioural therapy for depression in the primary care setting: results based on a controlled trial. *BMJ Open*. doi: 10.1136/bmjopen-2017-019716
- Lindwall, M., Berg, A.I., Bjälkebring, P., Buratti, S., Hansson, I., Hassing, L., Henning, G., **Kivi, M.**, König, S., Thorvaldsson, V., & Johansson, B. (2017). Psychological health in the retirement transition: Rationale and first findings in the HEalth, Ageing and Retirement Transitions in Sweden (HEARTS) study, *Front. Psychol. - Organizational Psychology*. doi: 10.3389/fpsyg.2017.01634

- \* Eriksson, M. C. M., **Kivi, M.**, Hange, D., Petersson, E-L., Ariai, N., Häggblad, P., Ågren, H., Spak, F., Lindblad, U., Johansson, B., & Björkelund, C. (2017). Long-term Effects of Internet Cognitive Behavioural Therapy for Depression in Primary Care – the Prim-Net Controlled Trial. *Scandinavian journal of primary health care*. 35(2), 126-136. doi: 10.1080/02813432.2017.1333299
- Holst, A., Nejati, S., Björkelund, C., Eriksson, M.C.M., Hange, D., **Kivi, M.**, Wikberg, C., & Petersson, E-L. (2017). Patients’ experiences of a computerised self-help program for treating depression – a qualitative study of internet mediated cognitive behavioural therapy in primary care. *Scandinavian journal of primary health care*, 35(1), 46-53. doi: 10.1080/02813432.2017.1288813
- Hange, D., Ariai, N., **Kivi, M.**, Eriksson, M.C.M., Nejati, S., & Petersson, E-L. (2017). The impact of internet-based cognitive behavior therapy on work ability in patients with depression – a randomized controlled study. *International Journal of General Medicine*. 2015:8, 143-148. doi: 10.2147/IJGM.S78847
- \* **Kivi, M.**, Eriksson, M. C. M., Hange, D., Petersson, E.-L., Björkelund, C., & Johansson, B. (2015). Experiences and attitudes of primary care therapists in the implementation and use of internet-based treatment in Swedish primary care settings. *Internet Interventions*, 2(3), 248-256. doi: 10.1016/j.invent.2015.06.001
- Wikberg, C., Nejati, S., Larsson, M. E., Petersson, E. L., Westman, J., Ariai, N., **Kivi, M.**, Eriksson, M., Eggertsen, R., Hange, D., Baigi, A., & Bjorkelund, C. (2015). Comparison Between the Montgomery-Asberg Depression Rating Scale-Self and the Beck Depression Inventory II in Primary Care. *Prim Care Companion CNS Disord*, 17(3). doi: 10.4088/PCC.14m01758
- Hange, D., Bjorkelund, C., Svenningsson, I., **Kivi, M.**, Eriksson, M. C., & Petersson, E. L. (2015). Experiences of staff members participating in primary care research activities: a qualitative study. *Int J Gen Med*, 8, 143-148. doi: 10.2147/IJGM.S78847
- \* **Kivi, M.**, Eriksson, M. C., Hange, D., Petersson, E. L., Vernmark, K., Johansson, B., & Bjorkelund, C. (2014). Internet-based therapy for mild to moderate depression in Swedish primary care: short term results from the PRIM-NET randomized controlled trial. *Cogn Behav Ther*, 43(4), 289-298. doi: 10.1080/16506073.2014.921834

## REPORTS

Official reports, non peer reviewed

- Hansson, I., **Kivi, M.**, Bjälkebring, P. Äldres välbefinnande under covid-19-pandemin: resultat från en populationsbaserad studie av svenskar i åldersgruppen 65 – 71 år. Rapport till Folkhälsomyndigheten 2020-11-13
- Hansson, I., Zulka, L.E., **Kivi, M.**, Hassing, L.B, & Johansson, B. Att arbeta vidare efter 65 – vem gör det och varför?, Delegationen för Senior arbetskraft, rapport 14, SOU 2018:10

## INTERNATIONAL SCIENTIFIC CONGRESSES

Organizing committee

- Deputy Secretary General and Project Manager**, 9<sup>th</sup> International Association of Gerontology and Geriatrics – European Region Congress 2019, May 23<sup>rd</sup>-26<sup>th</sup>, Gothenburg, Sweden; Hosted by AgeCap, University of Gothenburg

<b>Chair:</b>	<p>2019; 9<sup>th</sup> International Association of Gerontology and Geriatrics European Region Congress; Symposia S53: “Capability for Successful Adjustment to Late Work Life and Retirement”</p> <p>2013; 13<sup>th</sup> European Congress of Psychology; Thematic session TS61: “Virtual Reality and Internet in Psychological Treatment”.</p>
<b>Oral presentations of own accepted abstracts:</b>	<p>2019; 9<sup>th</sup> International Association of Gerontology and Geriatrics European Region Congress; Symposia S53: “Capability for Successful Adjustment to Late Work Life and Retirement”</p> <p>2018; 24<sup>th</sup> Nordic Congress of Gerontology; “Depression Trajectories during the Retirement transition”</p> <p>2015; European Society for Research on Internet Interventions 5<sup>th</sup> Conference; “Experienced Primary care Therapists’ View of using Internet-delivered CBT” – Accepted but withdrawn due to illness.</p> <p>2013; European Society for Research on Internet Interventions 2<sup>nd</sup> Conference; “Internet-based therapy for mild to moderate depression in Swedish primary care - Short term results from a randomized controlled trial”.</p> <p>2013; 13<sup>th</sup> European Congress of Psychology; “Internet Therapy for Depression in Primary Care: a Randomized Controlled Trial”. 2012; 4<sup>th</sup> European Forum for Primary Care; “Internet therapy for depression in Primary Care – Preliminary results”.</p>
<b>Own accepted abstracts, not presented</b>	<p>2015; European Society for Research on Internet Interventions 5<sup>th</sup> Conference; “Experienced Primary care Therapists’ View of using Internet-delivered CBT” – Accepted but withdrawn due to illness.</p>
<b>Posters:</b>	<p>2016; 23<sup>rd</sup> Nordic Congress of Gerontology; “The Health, Aging and retirement Transitions in Sweden (HEARTS) Study”</p>
<b>NON-PUBLIC SCIENTIFIC MEETINGS &amp; PRESENTATIONS</b>	
<b>Oral presentations:</b>	<p>2019-01-25; HEARTS – Background and set up, Part of lecture to Pensionsmyndigheten (Swedish Pensions Agency), Stockholm, Sweden. (Swedish)</p> <p>2017-11-21; HEARTS, preliminary results; Short presentation at AgeCap Greenhouse Meeting, University of Gothenburg</p> <p>2016-03-25; Internetbaserad Depressions-behandling i Primärvården; Presentation at AgeCap Research Centre meeting, University of Gothenburg</p> <p>2016-02-25; Internetbaserad Depressions-behandling i Primärvården; Presentation at meeting Research Group Oncology, Sahlgrenska Akademin, University of Gothenburg</p> <p>2016-02-10; Kan behandling av depression i primärvården förbättras genom användning av internet-KBT?; Co-presenter at REHSAM one-day conference</p> <p>2015-05-08; Behandlarperspektiv – Primärvården; Meeting for Psychologists using Internet based treatments organized by iCBT provider.</p> <p>2014-10-14; Psykologisk behandling via Internet; Presentation at meeting for all Psychologists in region Västra Götaland organized by Kompetensrådet för Psykologer.</p> <p>2011-10-31; Jämförande studie i primär-vården av internetbaserad behandlarstödd självhjälpsbehandling med kognitiv beteendeterapi vid depression (PRIM-NET); Presentation at Seminar for Hälsa Handikapp &amp; Åldrande; Dept of Psychology</p>

2011-10-27; Jämförande studie i primär-vården av internetbaserad behandlarstödd självhjälpsbehandling med kognitiv beteendeterapi vid depression (PRIM-NET); Presentation at Seminar for Adult Development and Aging research group; Dept of Psychology

#### OTHER PRESENTATIONS

**Oral presentations of research project to potential stakeholders**

2011-11-07; Presenting/Marketing PRIM-NET; All staff, Ljungkile Primary Care Center

2011-11-07; Presenting/Marketing PRIM-NET; All staff, Dagson Primary Care Center, Uddevalla

2011-11-07; Presenting/Marketing PRIM-NET; All staff, Herrestads Primary Care Center, Uddevalla

2011-04-14; Presenting/Marketing PRIM-NET; All staff, Vargöns Primary Care Center, Vänersborg

2011-03-21; Presenting/Marketing PRIM-NET; All staff, Vänerparken Primary Care Center, Vänersborg

2010-11-01; Presenting/Marketing PRIM-NET; All RN, Södra Torgets Primary Care Center, Borås

2010-10-25; Presenting/Marketing PRIM-NET; All Med.Dr, Trandareds Primary Care Center, Borås

2010-10-21; Presenting/Marketing PRIM-NET; All RN & Med.Dr, Läkargruppens Primary Care Center, Möndal

2010-09-16; Presenting/Marketing PRIM-NET; All Psychotherapists & Psychologists Primary Care district of Lidköping; Alberts Conference center, Trollhättan

2010-08-27; Presenting/Marketing PRIM-NET; All Psychologists; Läkargruppen Primary Care Center, Möndal

2010-06-08; Presenting/Marketing PRIM-NET; All employees; Kusten Primary Care Center, Ytterby

2009-12-04; Presenting PRIM-NET; IT-departments and IT-stakeholders in Region Västra Götaland; Dept of Psychology, University of Gothenburg

2009-11-19; Presenting/Marketing PRIM-NET; All employees; Svenljunga Primary Care Center

2009-12-02; Presenting/Marketing PRIM-NET; All employees; Sjöbo Primary Care Center, Borås

2009-10-16; Presenting/Marketing PRIM-NET; Primary Care Psychologists/Psychotherapists in Primary Care Sjuhärad County; Primary Care R&D Borås

#### SUPERVISION OF GRADUATE STUDENTS

**Ongoing supervision PhD candidates serving as co-supervisor**

Ht 2017-- Johnny Pellas, licensed Psychologist, University of Uppsala/Region Västmanland; Brief behavioral activation therapy for the treatment of late-life depression in Swedish primary care

#### THESIS EVALUATION

**Serving as thesis opponent:**

2014-02-21; Junior opponent for licentiate thesis; Simon Oleszkiewicz, Eliciting intelligence from human sources: Evaluating the Scharff-technique, Dept of Psychology, University of Gothenburg

**Serving as member of a halftime seminar examination committee:**

2018-02-14; Therese Rydberg Sterner, Depression and depressive symptoms in older adults – sex differences from a gender perspective, Sahlgrenska Akademin, University of Gothenburg



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**EVALUATION OF OTHERS' WORK**

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**Referee for scientific journals:** Journal of Medical Internet Research (JMIR)

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**Reviewer or advisor for other scientific bodies:** University of Leuven, Research Council

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## Teaching Portfolio

**SUBJECT AREA COMPETENCE AND CURRENT TEACHING**

Formal pedagogical education/courses:	2019; <b>Supervision in Postgraduate Programmes</b> ; 5 hec; University of Gothenburg 2017; <b>Teaching and Learning in Higher Education 3</b> - Applied Analysis 5 hec; University of Gothenburg 2016; <b>Teaching and Learning in Higher Education 2</b> - Subject Field Pedagogy; 5 hec; University of Gothenburg 2013; <b>Teaching and Learning in Higher Education 1</b> - Basic course; 5 hec; University of Gothenburg
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**TEACHING AT UNIVERSITY LEVEL**

Scope/time of teaching summarized:	<b>Two semesters, 40%, Acting Psychologist in charge, Educational clinic</b> <b>294 hours Lecturing and Course leadership</b> <b>244 hours Thesis supervision</b>
Teaching assignments:	2019; Health psychology, Lecture; Depression and Psychosomatic connections, 6h, Dept of Psychology, University of Gothenburg.
Preparation time included	2018; Health psychology, Lecture; Depression and Psychosomatic connections, 6h, Dept of Psychology, University of Gothenburg. 2018; Gerontology - from multidisciplinary to integrative perspectives on aging, co-chair of course 45h, Dept of Psychology, University of Gothenburg 2017-2018; Clinical supervisor course, In charge of supervision module and supervisors, 46h, Dept of Psychology, University of Gothenburg. 2017; Health psychology, Lecture; Depression and Psychosomatic connections, 6h, Dept of Psychology, University of Gothenburg. 2016; Doctoral course, Lecture; Introduction to Thesis writing and Word, 9h, Dept of Psychology, University of Gothenburg. 2015-2016; Acting Psychologist in charge of Educational Clinic – CBT, Dept of Psychology, 40%, University of Gothenburg.
Course development	2018 (not yet implemented); Co-developed third cycle course “Adult lifespan psychology: From middle age to late life, 15 hec 2017; Co-developed third cycle course “Gerontology - from multidisciplinary to integrative perspectives on aging”, 5 hec
Supervised theses for degree of Specialist Psychologist, serving as main supervisor	Vt 2017; Hanna Hedelin, Psykologers upplevelse av att arbeta med Focused Acceptance and Commitment Therapy i primärvården
Supervised theses for degree of Psychotherapist, serving as main supervisor	Vt 2017; Ola Klang, Faktorer som påverkar behandlingsutfall i samband med internetförmedlad KBT Vt 2017; Odd Berg & Anna Malmström, Att vara pensionär - en risk- eller friskfaktor för depression hos äldre?
Supervised theses for degree of Psychologist, serving as main supervisor	Ht2018; Andreas Bygdell, Primärvårdsbehandlares attityder gentemot iKBT Ht 2018; Viktor Björklund, Transdiagnostisk gruppbehandling inom primärvården: en effectiveness-studie Vt 2016; Henrik Axlid & Viktor Brune, En jämförelse av två versioner av Depressionshjälpen utifrån teorin om Persuasive Systems Design

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<b>Supervised theses for degree Clinical Supervisor serving as main supervisor</b>	Ht 2018; Matilda Zackrisson, En jämförelse av KBT-handledarutbildningar i Sverige Ht 2018; Daniela Lambert, Håller psykoterapihandledningen måttet? - att utvärdera systematiskt
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**TEACHING AND SUPERVISING HEALTHCARE PRACTITIONERS**

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<b>Scope/time of teaching summarized:</b>	<b>36 hours Lecturing</b> <b>161 hours Supervision and Management</b> (preparation time not included)
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<b>Teaching for healthcare practitioners:</b>	2014-05-22; Psykologisk behandling via Internet [Psychological Treatments via the Internet]; Närhälsan Research and Development Primary Health Care; Half day Introduction to Internet-therapy. 2010-01-20; Psychologists/Psychotherapists participating in PRIM-NET (One day introduction course); Primary Care R&D Borås
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<b>Supervising Research activities among non-researching Staff in regular Care settings</b>	<b>2015-2016; The PRIM-UP project; 30 hours</b> Implementing Internet-therapy at Primary Care Centers in Västra Götaland Region; Personally in charge of Introducing 16, and Supervising 21 licensed Psychologist at 11 Primary Care Centers in Internet-delivered CBT for Depression.
Preparation time not included	<b>2010-2014; The PRIM-NET project; 131 hours</b> Implementing Internet-therapy at Primary Care Centers in Västra Götaland Region; Joint in charge of Introducing and Supervising licensed Psychologist/Psychotherapists, and RNs, at 18 Primary Care Centers in Internet-delivered CBT for Depression.

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## Clinical Portfolio

### CLINICAL EXPERTISE AND FORMAL TRAINING

Completed clinical training:	2006; <b>Licensed Clinical Psychologist</b>
Clinical positions:	<p><b>Clinical Psychologist;</b> Västra Götalandsregion, Åby Primary Care Center, Mölndal; Primary care psychologist: Assessments, Psychological treatments (short term/CBT); 2007-10-23 – 2010-02-15, 80%; 2010-02-16, 60%; 2011-03-01 – 2016-05-31, leave of absence; no research.</p> <p><b>Clinical Psychologist;</b> Praktisk Psykologi i Väst AB; Psychological treatments (CBT), Assessments for Insurance medicine-purposes; 2006-04-01 – 2007-08-31, 100%; 2007-09-01 – 2007-10-22, 80%; no research.</p> <p><b>Graduated psychologist</b> [PTP-appointment] (from 2006-03-15 licensed Psychologist); Västra Götalandsregion, Skaraborgs sjukhus, Psychiatric outpatient clinic, Hjo; Psychological treatments (CBT), Neuropsychological assessments, Writing a PTP-report (On treating depression); 2005-03-15 – 2006-03-31, 100%; no research.</p>

### CLINICAL DEVELOPMENT WORK

Area of expert knowledge:	<b>Health psychology/Primary care psychology; Cognitive Behavioral Therapy; Internet delivered treatments; Ageing</b>
Clinical trials:	2009-2014; <b>The PRIM-NET project</b> , Implementing and evaluating Internet-based therapy vs Treatment as usual at 18 Primary Care Centers in the Västra Götaland region.
Care programme and clinical guidelines:	2014-2015; <b>National Board of Health and Welfare</b> [Socialstyrelsen]; <b>Reviewer</b> [Radförfattare] in Revision of guidelines for treatment of Depression and Anxiety.

### OTHER CLINICAL MERITS

2013; **Committee member** designing instructions [arbetsbeskrivning] for Psychologist in Närhälsan Primary Care

## Leadership, Development, Collaboration and Administration Portfolio

### CURRENT ACTIVITIES INVOLVING MANAGERIAL RESPONSIBILITY

2018 --; **Project Leader**; Research project HEARTS (HEalth, Aging and Retirement Transitions in Sweden – Hearts Study); University of Gothenburg, Dept of Psychology

### TRAINING IN LEADERSHIP, DEVELOPMENT, COLLABORATION AND ADMINISTRATION

**Completed courses/study programmes:**

2013; **Project Management** (MED993, 7,5 hec); Sahlgrenska Academy, University of Gothenburg.

2012; **Methods of Assessment** [Utvärderingsmetodik]; 15 hec, University of Gothenburg.

1989; **Project cost estimate and project management** [Projektkalkylering med projektstyrning]; 7.5 hec

1989; **Information Analysis and Information Models** [Informationsanalys och Informationsmodeller], 7.5 hec

1989; **Simulation techniques** [Simuleringsteknik]; 7.5 hec

1989; **Administrative development** [Administrativ utveckling]; 7.5 hec

1988; **Business analysis and models** [Verksamhetsanaly och –modeller]; 7.5 hec

1988; **Management**; 7.5 hec

1988; **Accounting and budgeting** [Redovisning och budgetering]; 7.5 hec

1987; **Introduction to information systems** [Introduktion till infosystem]; 7.5 hec

### MANAGERIAL POSITIONS

**Research team leadership:** 2018 --; **Project Leader**; Research project HEARTS (HEalth, Aging and Retirement Transitions in Sweden – Hearts Study); University of Gothenburg, Dept of Psychology

**Responsibility for a section, course coordinator, director of studies, responsibility for a study programme:**

2016-2018; **Project Coordinator**; Research project HEARTS (HEalth, Aging and Retirement Transitions in Sweden – Hearts Study); University of Gothenburg, Dept of Psychology

2015-2016; **Acting Psychologist in charge** of Educational Clinic – CBT, Dept of Psychology, University of Gothenburg.

2009-2014; **Project/Study Coordinator**, The PRIM-NET project, Implementing and evaluating Internet-based therapy vs Treatment as usual at 18 Primary Care Centers in the Västra Götaland region.

### ADMINISTRATIVE WORK, ETC.

**Research Set Up & Administration** 2015-2016; **Project Manager**; PRIM-UP; introducing and supervising the use of Internet-CBT at Primary Care Centers in Västra Götaland; Primärvården Västra Götaland

**Other Administration** 2015-2019; **Administrator** Research group ADA-Gero, Department of Psychology, University of Gothenburg

### COMMITTEE WORK, ETC.

<b>Other committee work:</b>	<p>2019 - 2021; <b>Board member</b>, Sveriges Geropsykologers Förening [Swedish Geropsychologists Association]</p> <p>2019 - 2021; <b>Accountant</b>, Sveriges Gerontologiska Sällskap, SGS [The Swedish Gerontological Society]</p> <p>2014 - 2019; <b>Treasurer</b>, Sveriges Geropsykologers Förening [Swedish Geropsychologists Association]</p>
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### CONGRESS ORGANISATION

<b>Management</b>	<p>2017-2019; <b>Deputy Secretary general &amp; Project Manager</b>; International Association of Gerontology and Geriatrics European Region Congress 2019; <a href="http://www.iagger2019.se">www.iagger2019.se</a></p>
<b>Committee member</b>	<p>2015-2019; <b>Member of Executive organizing committee</b>; International Association of Gerontology and Geriatrics European Region Congress 2019; <a href="http://www.iagger2019.se">www.iagger2019.se</a></p>

### COLLABORATION WITH THE SURROUNDING COMMUNITY

<b>Web &amp; Social Media:</b>	<p>2015 - 2019; <b>Web manager</b> Research group ADA-Gero, Department of Psychology, University of Gothenburg</p>
<b>Media:</b>	<p>2006; <b>Letter to the editor</b>; newspaper, GP; Advocating expanded use of Primary care psychology</p> <p>2007; <b>Main article</b>; Magazine for the Swedish association of Psychologists [Psykologtidningen]; Introducing and advocating the use of “Brief Intervention” in Health care in general and Primary care in particular.</p>
<b>Media Interviews:</b>	<p>2014-06-24; P4 Gothenburg; <b>Live interview [in studio]</b>; Concerning Internet delivered CBT for depression in Primary care.</p> <p>2014-06-24; P4 Väst; <b>Live interview [via telephone]</b>; Concerning Internet delivered CBT for depression in Primary care.</p> <p>2014-06-24; P4 Skaraborg; <b>Taped interview [via telephone]</b>; Concerning Internet delivered CBT for depression in Primary care.</p> <p>2014-08-20; Chinese People’s Daily [Newspaper]; <b>Interview</b>; Concerning Internet delivered CBT and Swedish Primary Care.</p>
<b>Communications (popular):</b>	<p>2019-05-14; HEARTS – Background and set up. <b>Lecture for public health strategists</b> from Skaraborgs kommunalförbund (the federation of the municipalities in Skaraborg county), Gothenburg, Sweden (Swedish)</p>